

Station #	Km from start	Km from previous	Time from start	Station Description	Station Name	Opens		Closes		Hours open
1st SECTOR: ATHENS ANCIENT MARKET to MEGARA (39,4 km) - TIME LIMIT 5:30 h						ΠΕ	6:00	ΠΕ	11:30	
1	5,2	5,2		EGALEO, CITY HALL	EGALEO	ΠΕ	6:20	ΠΕ	6:45	0:25
2	13,6	8,4		HELLENIC PETROLEUM, AGIA SOTIRA CHURCH, 100M BEFORE HELLENIC PETROLEUM	HELLENIC PETROLEUM	ΠΕ	6:50	ΠΕ	7:55	1:05
3	19,7	6,1		ELEUSIS, SQUARE OPPOSITE OF THE PEDESTRIAN STREET (ENTRANCE OF SPARTATHLON TO THE ARCHAEOLOGICAL SITE OF ELEUSIS)	ELEUSIS	ΠΕ	7:15	ΠΕ	8:45	1:30
4	27,5	7,8		LOUTROPIRGOS, TRATA TAVERN	LOUTROPIRGOS	ΠΕ	7:50	ΠΕ	9:50	2:00
5	30,8	3,3		NERAKI, BEEFORE EXIT TO HIGHWAY, AVIN	NERAKI	ΠΕ	8:05	ΠΕ	10:20	2:15
6	39,4	8,6		MEGARA, BEFORE THE TURN TO ALEPOXORI	MEGARA	ΠΕ	8:50	ΠΕ	11:30	2:40
MEGARA	39,4	39,4	5:30	CHECKPOINT - CUT OFF POINT		ΠΕ	8:50	ΠΕ	11:30	
2nd SECTOR: MEGARA to EXAMILIA (46,6 km) - TIME LIMIT 7:00 h						ΠΕ	9:30	ΠΕ	18:30	
7	47,2	7,8		KAKIA SKALA, KOKKINIS HOTEL	KAKIA SKALA	ΠΕ	9:30	ΠΕ	12:40	3:15
8	54,3	7,1		KINETAS KAPI (SENIOR'S CARE CENTER), REST POINT	KINETA	ΠΕ	10:05	ΠΕ	13:45	3:40
9	60,5	6,2		AGIOI THEODOROI, PEFKIAS, AFTER AEGEAN GAS STATION	AGIOI THEODOROI	ΠΕ	10:35	ΠΕ	14:40	4:05
10	66,0	5,5		BRIDGE BEFORE MOTOR OIL	MOTOR OIL BRIDGE	ΠΕ	11:00	ΠΕ	15:30	4:25
11	71,7	5,7		AGIOS CHARALAMPOS, DINER 72	AGIOS CHARALAMPOS	ΠΕ	11:30	ΠΕ	16:25	4:55
12	76,6	4,9		ISTHMOS, MARGARITA	ISTHMOS	ΠΕ	11:55	ΠΕ	17:05	5:10
13	86,0	9,4		EXAMILIA, KAPI (SENIOR'S CARE CENTER), REST POINT	EXAMILIA	ΠΕ	12:45	ΠΕ	18:30	5:45
EXAMILIA	86,0	46,6	12:30	CHECKPOINT - CUT OFF POINT		ΠΕ	12:45	ΠΕ	18:30	
3rd SECTOR: EXAMILIA to ANCIENT NEMEA (32,1 km) - TIME LIMIT 5:30 h						ΠΕ	13:25	ΠΑ	0:00	
14	92,7	6,7		SOLOMOS, CONTAINER COFFEE AND FOOD	SOLOMOS CONTAINER	ΠΕ	13:25	ΠΕ	19:40	6:15
15	97,9	5,2		DUE HONOR TAVERN	DUE HONOR TAVERN	ΠΕ	13:50	ΠΕ	20:35	6:45
16	107,5	9,6		AGIOS VASILEIOS, CAFE BITZIOS, TURN RIGHT TO NEMEA HEALTH CENTER	AGIOS VASILEIOS	ΠΕ	14:50	ΠΕ	22:15	7:20
17	112,4	4,9		ARCHAIES KLEONES, CENTRAL SQUARE, CHURCH	ARCHAIES KLEONES	ΠΕ	15:20	ΠΕ	23:05	7:45
18	118,1	5,7		ARCHAIA NEMEA, CULTURAL CENTRE, REST POINT	ARCHAIA NEMEA	ΠΕ	15:55	ΠΑ	0:00	8:05
ANC. NEMEA	118,1	32,1	18:00	CHECKPOINT - CUT OFF POINT		ΠΕ	15:55	ΠΑ	0:00	
4th SECTOR: ANCIENT NEMEA to NESTANI (50,1 km) - TIME LIMIT 11:00 h						ΠΕ	16:30	ΠΑ	11:00	
19	123,7	5,6		GEOBRES RAISINS, SMALL CHURCH, TURN RIGHTR TOWARDS REPANES WINE FACTORY	GEOBRES RAISINS	ΠΕ	16:30	ΠΑ	1:15	8:40
20	129,9	6,3		LARGE OAK TREE, 200M BEFORE SIGNPOST TO MALANDRENI-ARGOS	LARGE OAK TREE	ΠΕ	17:10	ΠΑ	2:35	9:25
21	138,2	8,3		STERNA, VILLAGE EXIT, RESTAURANT "BACHOUMI" ON THE RIGHT, LABELS PEPSI-SOUVLAKI	STERNA	ΠΕ	18:00	ΠΑ	4:25	10:25
22	143,6	5,4		AGIOS DIMITRIOS, FORK TO KARYA ON THE LEFT, GRANDMA PANAGIOTA	AGIOS DIMITRIOS / GRANDMA PANAGIOTA	ΠΕ	18:35	ΠΑ	5:40	11:00
23	152,7	9,1		KARYA, SQUARE, CHURCH	KARYA	ΠΕ	19:30	ΠΑ	7:35	12:05
24	159,7	6,9		SPRING BRAKATSAKI - KARYA ON THE LEFT, MOUNTAIN TOP	WATER SPRING	ΠΕ	20:15	ΠΑ	9:10	12:55
25	168,2	8,5		NESTANI "GIORGOS PANOS", CULTURAL CENTER, REST POINT	NESTANI "GIORGOS PANOS"	ΠΕ	21:10	ΠΑ	11:00	13:50
NESTANI	168,2	50,1	29:00	CHECKPOINT - CUT OFF POINT		ΠΕ	21:10	ΠΑ	11:00	
5th SECTOR: NESTANI to TEGEA (23,4 km) - TIME LIMIT 4:00 h						ΠΕ	21:50	ΠΑ	15:00	
26	174,1	5,9		LEFT TURN TO LOUKA	TURN TO LOUKA	ΠΕ	21:50	ΠΑ	12:00	14:10
27	182,6	8,4		ZEVGOLATIO, SQUARE	ZEVGOLATIO	ΠΕ	22:45	ΠΑ	13:30	14:45
28	186,2	3,7		AFTER NEOCHORI TURN RIGHT TOWARDS THE CROSS ROAD ARGOS-TRIPOLI, REACHING THE CROSS ROAD RIGHT TURN, AFTER 400 METERS LEFT TURN (SIGN TO TEGEA-ASTROS)	NEOCHORI TURN	ΠΕ	23:05	ΠΑ	14:05	15:00
29	191,6	5,4		TEGEA, CULTURAL CENTER, REST POINT	TEGEA	ΠΕ	23:45	ΠΑ	15:00	15:15
TEGEA	191,6	23,4	33:00	CHECKPOINT - CUT OFF POINT		ΠΕ	23:45	ΠΑ	15:00	
6th SECTOR: TEGEA to SPARTA (50,9 km) - TIME LIMIT 10:00 h						ΠΑ	0:05	ΣΑ	1:00	
30	194,2	2,6		AFTER KAMARI, JUNCTION WITH THE NATIONAL ROAD TRIPOLI-SPARTI	KAMARI	ΠΑ	0:05	ΠΑ	15:30	15:25
31	197,3	3,1		MANTHYREA, EXIT	MANTHYREA	ΠΑ	0:25	ΠΑ	16:10	15:40
32	204,3	7,0		ALEPOCHORI, EKO GAS STATION ON THE RIGHT	ALEPOCHORI	ΠΑ	1:15	ΠΑ	17:30	16:15
33	213,4	9,2		POLITEIA FM SIGN ON THE RIGHT	POLITEIA FM	ΠΑ	2:20	ΠΑ	19:20	17:00
34	217,0	3,6		KROKEES MONUMENT ON THE LEFT	KROKEES MONUMENT	ΠΑ	2:45	ΠΑ	20:00	17:15
35	222,7	5,7		KOPITAS CHEESE FACTORY, KIOSK ON THE RIGHT	KOPITAS CHEESE FACTORY	ΠΑ	3:25	ΠΑ	21:10	17:45
36	228,4	5,7		CROSS CHAPEL ON THE LEFT	CROSS CHAPEL	ΠΑ	4:05	ΠΑ	22:15	18:10
37	232,2	3,9		VOUTIANOI, PRIEST RESIDENCE ON THE RIGHT, 48TH KM OLD NATIONAL ROAD TRIPOLI-SPARTI, REST POINT	VOUTIANOI	ΠΑ	4:35	ΠΑ	23:00	18:25
38	238,4	6,2		KOKKINORRACHI, BP GAS STATION ON THE LEFT	KOKKINORRACHI	ΠΑ	5:20	ΣΑ	0:15	18:55

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39	242,5	4,1		SPARTA, STADIUM, STATUE OF LEONIDAS	SPARTA	ΠΑ	5:50	ΣΑ	1:00	19:10
SPARTI	242,5	50,9	43:00	CHECKPOINT - CUT OFF POINT		ΠΑ	5:50	ΣΑ	1:00	
7th SECTOR: SPARTA to TEGEA (50,9 km) - TIME LIMIT 14:15 h							ΠΑ	6:25	ΣΑ	15:15
40	246,6	4,1		KOKKINORRACHI, BP GAS STATION ON THE RIGHT	KOKKINORRACHI	ΠΑ	6:25	ΣΑ	2:10	19:45
41	252,8	6,2		VOUTIANOI, PRIEST RESIDENCE ON THE LEFT, 48TH KM OLD NATIONAL ROAD TRIPOLI-SPARTI, REST POINT	VOUTIANOI	ΠΑ	7:15	ΣΑ	3:55	20:40
42	256,6	3,9		CROSS CHAPEL ON THE RIGHT	CROSS CHAPEL	ΠΑ	7:45	ΣΑ	5:00	21:15
43	262,3	5,7		KOPITAS CHEESE FACTORY, KIOSK ON THE LEFT	KOPITAS CHEESE FACTORY	ΠΑ	8:30	ΣΑ	6:35	22:05
44	268,0	5,7		KROKEES MONUMENT ON THE RIGHT	KROKEES MONUMENT	ΠΑ	9:15	ΣΑ	8:10	22:55
45	271,6	3,6		POLITEIA FM SIGN ON THE LEFT	POLITEIA FM	ΠΑ	9:45	ΣΑ	9:10	23:25
46	280,7	9,2		ALEPOCHORI, EKO GAS STATION ON THE LEFT	ALEPOCHORI	ΠΑ	10:55	ΣΑ	11:45	24:50
47	287,7	7,0		MANTHYREA, ENTRANCE	MANTHYREA	ΠΑ	11:55	ΣΑ	13:40	25:45
48	290,8	3,1		BEFORE KAMARI, JUNCTION WITH THE NATIONAL ROAD TRIPOLI-SPARTI	KAMARI	ΠΑ	12:20	ΣΑ	14:35	26:15
49	293,4	2,6		TEGEA, CULTURAL CENTER, REST POINT	TEGEA	ΠΑ	12:40	ΣΑ	15:15	26:35
TEGEA	293,4	50,9	57:15	CHECKPOINT - CUT OFF POINT		ΠΑ	12:40	ΣΑ	15:15	
8th SECTOR: TEGEA to NESTANI (23,5 km) - TIME LIMIT 4:45 h							ΠΑ	13:25	ΣΑ	20:00
50	298,8	5,4		FROM TEGEA TURN RIGHT TO TRIPOLI-ARGOS ROAD, AFTER 400 METERS TURN LEFT FOR NEOCHORI-ZEVGOLATIO.	NEOCHORI TURN	ΠΑ	13:25	ΣΑ	16:25	26:55
51	302,5	3,7		ZEVGOLATIO, SQUARE	ZEVGOLATIO	ΠΑ	14:00	ΣΑ	17:05	27:05
52	311,0	8,5		RIGHT TURN TO NESTANI	TURN TO NESTANI	ΠΑ	15:15	ΣΑ	18:50	27:35
53	316,9	5,9		NESTANI "GIORGOS PANOS", CULTURAL CENTER, REST POINT	NESTANI "GIORGOS PANOS"	ΠΑ	16:10	ΣΑ	20:00	27:50
NESTANI	316,9	23,5	62:00	CHECKPOINT - CUT OFF POINT		ΠΑ	16:10	ΣΑ	20:00	
9th SECTOR: NESTANI to ANCIENT NEMEA (50,1 km) - TIME LIMIT 11:45 h							ΠΑ	17:25	KY	7:45
54	325,3	8,4		SPRING BRAKATSAKI - KARYA ON THE RIGHT, MOUNTAIN TOP	WATER SPRING	ΠΑ	17:25	ΣΑ	22:00	28:35
55	332,3	7,0		KARYA, SQUARE, CHURCH	KARYA	ΠΑ	18:30	ΣΑ	23:40	29:05
56	341,5	9,1		AGIOS DIMITRIOS, TURN RIGHT TO STERNA, GRANDMA PANAGIOTA	AGIOS DIMITRIOS / GRANDMA PANAGIOTA	ΠΑ	19:50	KY	1:45	29:55
57	346,8	5,4		STERNA, VILLAGE ENTRANCE, RESTAURANT "BACHOUMI" ON THE LEFT, LABELS PEPSI-SOVLAKI	STERNA	ΠΑ	20:40	KY	3:00	30:20
58	355,2	8,3		LARGE OAK TREE, 200M AFTER SIGNPOST TO MALANDRENI-ARGOS	LARGE OAK TREE	ΠΑ	21:55	KY	5:00	31:05
59	361,4	6,3		GEOBRES RAISINS	GEOBRES RAISINS	ΠΑ	22:50	KY	6:25	31:35
60	367,0	5,6		ARCHAIA NEMEA, CULTURAL CENTRE, REST POINT	ARCHAIA NEMEA	ΠΑ	23:40	KY	7:45	32:05
ANC. NEMEA	367,0	50,1	73:45	CHECKPOINT - CUT OFF POINT		ΠΑ	23:40	KY	7:45	
10th SECTOR: ANCIENT NEMEA to EXAMILIA (32,2 km) - TIME LIMIT 7:00 h							ΣΑ	1:15	KY	14:45
61	372,7	5,7		ARCHAIES KLEONES, CENTRAL SQUARE, CHURCH	ARCHAIES KLEONES	ΣΑ	0:30	KY	9:00	32:30
62	377,7	5,0		AGIOS VASILEIOS, CAFE BITZIOS	AGIOS VASILEIOS	ΣΑ	1:15	KY	10:05	32:50
63	387,2	9,6		DUE HONOR TAVERN	DUE HONOR TAVERN	ΣΑ	2:45	KY	12:10	33:25
64	392,5	5,3		SOLOMOS, CONTAINER COFFEE AND FOOD	SOLOMOS CONTAINER	ΣΑ	3:30	KY	13:20	33:50
65	399,2	6,7		EXAMILIA, KAPI (SENIOR'S CARE CENTER), REST POINT	EXAMILIA	ΣΑ	4:30	KY	14:45	34:15
EXAMILIA	399,2	32,2	80:45	CHECKPOINT - CUT OFF POINT		ΣΑ	4:30	KY	14:45	
11th SECTOR: EXAMILIA to MEGARA (46,6 Km) - TIME LIMIT 9:30 h							ΣΑ	5:55	ΔΕ	0:15
66	408,6	9,4		ISTHMOS, MARGARITA	ISTHMOS	ΣΑ	5:55	KY	16:40	34:45
67	413,5	4,8		AGIOS CHARALAMPOS, DINER 72	AGIOS CHARALAMPOS	ΣΑ	6:40	KY	17:40	35:05
68	419,2	5,7		BRIDGE AFTER MOTOR OIL	MOTOR OIL BRIDGE	ΣΑ	7:30	KY	18:50	35:20
69	424,7	5,5		AGIOI THEODOROI, PEFKIAS, BEFORE AEGEAN GAS STATION	AGIOI THEODOROI	ΣΑ	8:20	KY	20:00	35:40
70	430,9	6,2		KINETAS KAPI (SENIOR'S CARE CENTER), REST POINT	KINETA	ΣΑ	9:15	KY	21:15	36:00
71	438,0	7,0		KAKIA SKALA, KOKKINIS HOTEL	KAKIA SKALA	ΣΑ	10:15	KY	22:40	36:25
72	445,8	7,8		MEGARA, AFTER THE TURN TO ALEPOXORI	MEGARA	ΣΑ	11:20	ΔΕ	0:15	36:55
MEGARA	445,8	46,6	90:15	CHECKPOINT - CUT OFF POINT		ΣΑ	11:20	ΔΕ	0:15	
12th SECTOR: MEGARA to ATHENS ANCIENT MARKET (39,5 km) - TIME LIMIT 7:45 h							ΣΑ	12:35	ΔΕ	8:00
73	454,4	8,6		NERAKI, AFTER EXIT TO HIGHWAY, AVIN	NERAKI	ΣΑ	12:35	ΔΕ	2:00	37:25
74	457,7	3,3		LOUTROPIRGOS, TRATA TAVERN	LOUTROPIRGOS	ΣΑ	13:00	ΔΕ	2:35	37:40
75	465,9	8,2		ELEUSIS, VOLUNTEERS OF THRIASIO FIELD OFFICES	ELEUSIS	ΣΑ	14:10	ΔΕ	4:15	38:05
76	474,1	8,2		AFTER ECO GAS STATION	ECO	ΣΑ	15:20	ΔΕ	5:50	38:20
77	480,1	6,0		EGALEO, CITY HALL	EGALEO	ΣΑ	16:10	ΔΕ	7:00	38:50
78	485,3	5,2		ANCIENT MARKET, FINISH LINE	ANCIENT MARKET	ΣΑ	16:55	ΔΕ	8:00	39:05
ATHENS	485,3	39,5	98:00	FINISH LINE		ΣΑ	16:55	ΔΕ	8:00	